



YMCA CAMP REED
FAMILY CAMP LONG WEEKEND 2012
Thursday, August 23rd 4pm – Sunday, August 26th 3pm

GENERAL INFORMATION

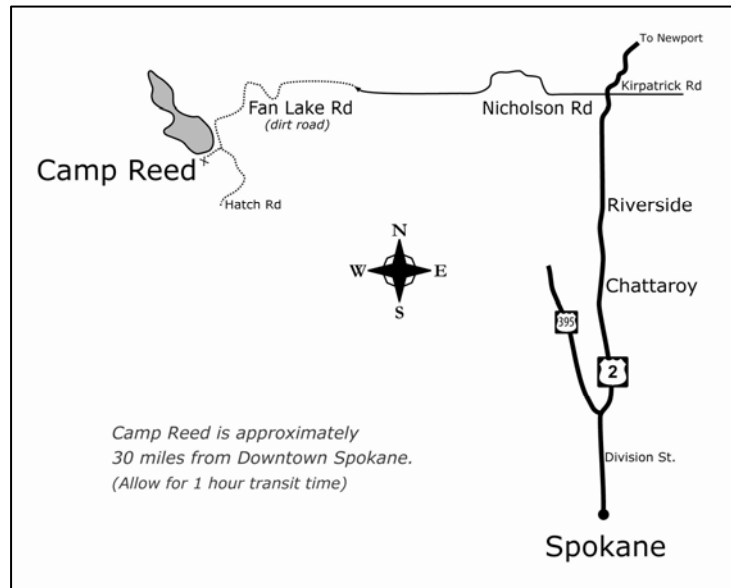
Camp Reed is located 30 miles north of Spokane, Washington, on beautiful Fan Lake. Family Camp will be a unique opportunity for your whole family to spend time together without having to cook, drive, go to work, answer the phones or deal with the push and pull of city life!

Parents/Guardians are responsible at all times for supervision of minor attendees.

DIRECTIONS TO CAMP REED

- From Spokane travel north to the Division Y and veer right onto Newport Highway (US 2) towards Riverside.
- Drive through Riverside.
- After entering Pend Oreille County (big sign), watch for Nicholson Road. Turn left at Nicholson Road.
- Stay left on Fan Lake Road as it turns to dirt and winds down to Fan Lake (approx 1.2 miles). Be cautious of two-way traffic on the narrow, hairpin curves.
- The Camp Reed entrance is on the right just after you pass the lake.

Allow for one hour travel time from Spokane. Parking is only permitted in the lodge parking lot. Vehicles are permitted within camp property only to load and unload your belongings; then they must be moved to the parking lot. If special assistance is needed, please just let us know.



CHECK IN

Family Camp begins with check in at 4pm on Thursday. At that time you will be given cabin assignments. If your family has any special requests or needs, please let us know as early as possible.

The following is necessary:

- ✓ Payment in full by June 1, 2012
- ✓ Permission release
- ✓ Family health history form
- ✓ Deposits will be accepted for camp store

ACCOMMODATIONS

Situated on 555 private acres, this incredible lakefront retreat will be the ultimate outdoor get-away experience for your family. Our relaxed schedule will allow your family to experience the best Camp Reed has to offer. Each family will be assigned their own bunk style rustic cabin with use of a shared central restroom & shower facility. All cabins have electricity and most have heaters. Family camp participants need to provide their own bedding or sleeping bags. All meals will be served in our central lodge. Activities will include swimming, canoeing, hiking, basketball, soccer, archery, bb guns, climbing tower (age 10 & up), arts & crafts, chapel, critter talk, campfires and more! A packing list recommendation for participants is included in this packet.

SCHEDULE & WHAT TO PACK

Thursday

4:00 pm Check in at Waterfront
5:00 pm Orientation @ Chapel
5:30 pm Dinner
Evening Capture the Flag &
Campfire @ Chapel

Friday

7:30 am Jolly Joggers/Polar Bears
8:00 am Wake up Bell
8:30 am Breakfast
9:30 am Critter Talk & Chapel
10:00 am Morning Activities: Waterfront,
Sports, Arts & Crafts & Special
Noon Lunch
1:00 pm Siesta
2:00 – 5:00 Afternoon Activities
5:30 pm Dinner
Evening Camp Activity & Campfire @ Chapel

Saturday

7:30 am Jolly Joggers/Polar Bears
8:00 am Wake up Bell
8:30 am Breakfast
9:30 am Critter Talk & Chapel
10:00 am Morning Activities
Noon Lunch
1:00 pm Siesta
2:00 – 5:00 Afternoon Activities
5:30 pm Sticks Dinner
Evening Sticks Ceremony

Sunday

7:30 am Jolly Joggers & Polar Bears
8:00 am Wake up Bell
8:30 am Breakfast
9:30 am Critter Talk & Chapel
11:00 am Morning Activities
Noon Lunch
After lunch Closing Ceremony
1:00 – 3:00 Work Areas
3:00pm Camp Closes!



Family Camp Attendee Pack List

1 pair of jeans
1 pair of sweatpants
1 hooded sweatshirt
2 t-shirts
1 pair of pajamas
1 jacket
1 hat
1-2 pairs of shorts
1-2 swimsuits
1 pair of tennis shoes
1 pair of sandals/flip flops
1 long sleeve shirt
1 white t-shirt or other items (i.e. pillow case) for tie-dyeing
Underwear & extra socks

Toiletries

soap & shampoo
insect repellent
sunscreen & lip balm with SPF
comb/brush
towels
toothbrush & toothpaste

Bedding

small pillow and pillow case
sleeping bag and/or blankets
twin bottom sheet (optional)

Miscellaneous

Flashlight
Day pack
Water bottle

What not to pack:

Electronics/Phones—get “unplugged”
Over the counter medicines
Limit candy/food—we will provide kid-friendly snacks!
Coolers
Bottled water...but do bring water bottles
Air mattresses

Extra things—Pack with the idea that “less is more” instead of “everything but the kitchen sink.” Also, we have children’s books, board games, and a fully stocked sport shed to use at any time!

Restrictions:

No animals, weapons, alcohol, smoking/ tobacco or illicit drugs are permitted. Flammable and hazardous materials are not permitted on site.

FAMILY CAMP POLICIES

Safety Orientation:

Family Camp participants will go through a safety, policy and program orientation Thursday afternoon. Questions may be directed to the Camp Coordinators. Security or safety concerns regarding the site should be reported directly to the Facilities Coordinator.

Boundaries:

Participants should observe camp boundaries and maintain good relationships with camp neighbors. Unless participating in planned/supervised excursions, guests should stay within camp boundaries: Lodge, Jewitt Cabin, waterfront, track road and archery range.

Respect:

We ask that participants and guests respect everything at Camp Reed including other participants, facilities, nature and equipment. Please always wear shoes at camp. Keep your personal living areas neat and clean. Each family should help daily to keep camp clean. An all camp clean up will take place on Sunday. No fires allowed unless there is specific permission granted by the hosts at designated fire pit locations. A shovel and two (2) large buckets of water must be present and used to completely extinguish every campfire. Seasonal burning bans may prohibit our ability to have campfires. Failure to abide by rules and regulations or disrespectful behavior towards others could result in your family being asked to leave.

Supervision:

Parents and/or guardians of minor participants are responsible for the supervision and behavior of their minor children at all times. Children 8 and under should always be with their parents/guardians unless in a designated activity, where they can be dropped off and picked up afterwards. Parents/guardians should know where their children are at all times. If the bell rings non-stop, this is an emergency or urgent signal and all participants need to report at once to the flagpole to receive information (emergency, etc.) and where a head count will be taken. Special program areas such as arts and crafts, waterfront, challenge course, or climbing tower will have program leaders where special rules will be conveyed to participants and which should be followed.

Personal Property:

Camp does not require participants to use personal equipment in the camp program but may be used with owners discretion and permission. Camp Reed does not assume any responsibility for lost, stolen or damaged personal equipment or items, which may include but is not limited to personal vehicles (and contents), luggage (and contents), electronics, instruments and/or recreational gear or equipment. Valuable property should be left at home or locked in your car.

Bikes are not allowed to be used within camp boundaries unless during a specific activity. If you bring your bike to Camp, it will be store in the Bike Barn. It is a safety and liability hazard to have children and adults riding bikes through camp.

Waterfront – Swimming

The swimming area is **CLOSED** unless Camp Reed staff lifeguards are **ON DUTY**.

Parents are responsible for determining their children's swimming ability. Life jackets are available. If the life guard on duty is not comfortable with a child's swimming ability he/she may ask the parent to put a life jacket on that child.

The waterfront area is divided into three sections: beginner, intermediate and advanced and these areas are clear of hazards. Swimming should only take place in these designated areas. Emergency and rescue equipment including a backboard, basic medical kit, rescue tube, bio-hazard bag and CPR mask is available in the boathouse. The Lodge has the nearest phone with emergency resource contact phone numbers posted on the wall next to the phone.

Waterfront – Boating

The boat dock area is **CLOSED** unless Camp Reed staff lifeguard or lookout is **ON DUTY**.

Lifejackets must be worn by all people, youth, adult, or staff members whenever they are on the lake boating. Life jackets must be appropriate to the size and ability of the user. Boats must be checked in and out with the group

leader. Boats must stay in the line of site of the boat dock and carry an air horn to be used to alert the dock monitor or staff in the event of an emergency.

Maximum number of people in rowboat: 4

Maximum number of people in canoe: 3

Maximum number of people in paddleboat: 4

Maximum number of people in funyak: 1

MEDICAL CARE & EMERGENCY PROCEDURES

Camp Reed staff are CPR and First Aid certified. Common first aid supplies are available for use in our infirmary. No medicines are allowed in cabins, but should be stored under lock in the infirmary for distribution or access. Emergency phone numbers and directions for contacting emergency and medical personnel are posted by each phone. Phones are located in the Lodge, Lucky # and Caretakers' home. Participants must provide emergency information including: emergency contact names and phone numbers, allergies or health conditions requiring treatment, restriction or other accommodations while on site and, for minors without a parent on-site, signed permission to seek emergency treatment or a signed religious waiver. The YMCA does not provide any user health or accident coverage. All participants agree to provide their own health and accident insurance. Participants may provide their own emergency transportation to facilities or request that it be provided by Camp Reed Staff.

CHECK OUT

Prior to departure, each family is asked to do a complete job of cleaning their cabin. At the close of camp there will be a short program to recognize highlights from our time together.

MISSION

The mission of YMCA Camp Reed is to enhance personal growth, Christian values and a sense of community in a safe wilderness setting. Through active participation in unique challenges and new relationships, Camp Reed transforms ideals into lasting behaviors.

We are looking forward to spending time with you & your family at Fan Lake!

Thank you for choosing YMCA Camp Reed!

CAMP SONGS

THIS CAMP IS YOUR CAMP

Chorus: This camp is your camp, this camp is my
camp
From the mushy pancake to the great shark island
From Creetus mountain to the morning chapel
This camp was made for you and me

As I was walking up to graves castle
I saw above me a soaring Osprey
I carried with me a can of Off Spray HEY!
This camp was made for you and me

The trees at Camp Reed are tall and straight up
The food at the mess hall is always ate up
The guys are sturdy, the gals are purdy HEY

This camp was made for you and me

MISS O'LEARY

One dark night when we were all in bed (HEY)
Miss O'Leary left a lantern in the shed
AND THEN THE cow kicked it over, she winked
her eye and said
It's gonna be a hot time in the old town tonight
FIRE! FIRE! FIRE! FIRE!

CHICKI-CHICKI BEAT

Hey there (Name) you're a real cool cat
You got a lot of this and a lot of that
We all think that you're real neat
So come on down and do the Chicki Chicki Beat
And up (point up) Chicki Chicki Chicki Chicki
Chicki
And down (point down) Chicki Chicki Chicki Chicki
Chicki
(point left) Bada Boom Chicki Chicki Chicki Chicki
Chicki
(point right) Bada Boom Chicki Chicki Chicki
Chicki Chicki

LITTLE RED WAGON

You can't ride in my little red wagon (echo)
The back seat's broken and the axel's
draggin'(esho)
Hoo-ah-hoo-ah-hoo-ah-ah (echo)
Second verse (echo) same as the 1st (echo)
But a whole lot louder (echo)
And a whole lot worse (echo)

CHOCOLATE CHIP COOKIES

Chorus: Chocolate chip cookies gotta have more
Bake em in the oven or buy em at the store
But whatever you do have em ready at the door
And I'll Love you til I die.

There made with butter, sugar and flour
Put em in the oven about a quarter an hour
But the thing that gives em their magic power
ARE THE CHOCOLATE CHIPS INSIDE
Chorus

Oh you can't eat one, you can't eat two
And when there's no more and nothing to do
But clean your plate and eat the plate too
And go and find some more (some more)
Chorus

Of you want to make a friend
You don't need beauty or money to lend
Just give em your love, but be sure to send
SOME CHOCOLATE CHIP COOKIES TOO.....
Chorus

When I die I don't want wings
A golden halo or harp that sings
Just give me a fire, a book and someone who brings
me CHOCOLATE CHIP COOKIES ALL DAY.....
Chorus

FRIENDS

by John Denver (sang at the end of every campfire)

Verse 1:

What a friend we have in time
Gives us children, makes us wine.
Tells us what to take or leave behind.

Verse 2:

And the gifts of growing old
Are the stories to be told
Of the feelings more precious than gold.

Chorus:

Friends I will remember you,
Think of you, and pray for you.
And when another day is through
I'll still be friends with you.

Verse 3:

Baby's days are never long
Mother's laugh is baby's song
Gives us all the hope to carry on.

Repeat chorus 2 times.